AL MINER/CHANNEL: This is March 30, 1998. This is a request for a topical research reading. According to my guidance and your comments in the previous reading, entitled the “Sea of Faces, Part II,” I am requesting this topical research reading as a continuation of that latter reading.

You urged me in that reading to meditate and seek guidance as to when and how to present this request, and I am following that to the best of my ability and awareness. I am going to title this reading “Cry of the Lost.”

In the “Sea of Faces” reading, part two, our first question was, *The Channel recently had an experience of hearing voices, probably from the Sea of Faces? Why did this happen? Is it closer to the Earth now than it was in past?*

So that was the question that we presented that resulted in your urging to seek this as a separate reading.

I’m going to read from my journal notes of that experience, and that took place on January 11, 1998. And I’ve noted that it was 3:00 a.m. I’m quoting from my journal:

> After a very restless night of trying to fall into sleep, I awoke at about 3:00 a.m. and decided to get a cup of coffee and go out onto the deck. It was a still and mild evening, and the sky was so very clear. The moon was two days from being full. It was beautiful. As I stood there, perhaps with an altered, or less than normal, consciousness from trying to sleep, I heard this strange sound. It was like many voices in the distance. When I shifted my senses to better hear, I was shocked. I could clearly hear wailing, moaning, crying, and the like. There were so many voices, it was hard, if not impossible, to focus on just one.

> The sense of despair and/or loneliness was overwhelming. It wrenched my heart and soul. It took my breath away. I was flooded with the emotion of those cries. It so stunned me that I heard myself gasp aloud. I pulled away from it and paced back and forth. Perhaps five or more minutes passed, and I finally went back inside. Then, thinking I might have imagined it or that my hearing had deceived me and it was only some (quote) “night sound” (end quote), I went back out onto the deck.
At first, there was only stillness, and the beauty of the moonlit sky relaxed me. Then I heard it again. This time, it was louder and clearer. I don’t recall how long I listened, but finally I couldn’t bear to hear any more. It was pitiful beyond description. I quickly went back inside and sat down and said an affirmation and prayers for those souls. Inside my apartment, I heard nothing.

Then I wrote here:

The notes above at the beginning of this are from that affirmation, prayer, and meditation time.

I later spoke to (I think it was the next day or two later) … spoke to Ken, who prepared and submitted the questions, specifically the one above. And it was very curious to both of us that we immediately went to a topic of conversation that was identical. In other words, he had called to talk about the possibility of doing some readings, some research on the general topic of the Sea of Faces. So when I told him of my experience a day or two earlier; well, it was somewhat startling to both of us.

And so, Lama Sing, we would ask now that whatever it was that you might have seemed to express that you expressed to us that you wanted done in this separate work, we ask prayerfully that you would give to us now. We really are not certain what specific questions to ask. And even as I reread from my journal for this recording, I can remember and vividly feel the emotion that I felt that morning.

And so, Father, we prayerfully submit this request now to You, asking as we do that You would guide us to that information which You know to be the very highest and best for those of us who are seeking the information and those who might follow and hear this or learn of it at a later time or in some other way. As always, we ask this of You in the Name of the Master, the Christ, remembering His promise to us as we do. We thank You for this, Father, as an opportunity of Your guidance, and all the other many blessings which we have in each and every day. We also thank You for the presence of those beautiful, loving souls who serve in Your Name and guide us, or at least, attempt to do so, in each and every day. Thank You, Father. Amen.

_reasonable_greek_letters

❀ ❀ ❀
LAMA SING: Yes, we have the Channel, then, and, as well, those references which apply to the topic as presented just above and those inquiring minds and hearts as are gathered about these works. As we commence herein, let us join together in this humble and joyful prayer.

_O Lord God, we know Thee to be the mother and father of all of existence. In the presence of Thy spirit which is about all things, so do we claim, then, our heritage as Thy Children. We seek from Thee the knowledge, the wisdom that shall illuminate that awareness within us, so that we might the better impart this through our intent, our word, and our deed unto all of those whom we shall meet in this and future times. We pray Thee further, Father, grant us now the presence of the Christ Spirit, so as to impart His healing grace, love, compassion and wisdom unto all those souls who are gathered about these works. And as well, so too do we offer this on behalf of all those souls in all realms who are presently dwelling in some darkness and for whom there are none in joyful prayer. Humbly we thank Thee, Father, for this continued opportunity of joyful service in Thy Name. Amen._

First we shall express to you our gratitude for conforming to our request. And we shall attempt herein to comply with the earlier questions and, as well, afford you a better understanding of why our request was given as such.

In the experience as described by the Channel and as very appropriately recorded from his journal entry, there can be clearly noted that such an experience does have some power as relates to the emotional aspects of self. In particular, this might well impact someone in the Earth who, having heard same and being (quote) “open” (end quote) while so doing, might be heavily impacted. Therefore it was our advisement here, and carefully considered, that this work should stand alone, just in the event that recalling those experiences might invoke some residual emotional impact upon this, our Channel.

Because of the methodology and the activities which are present during the course of any such work which is done through this, our Channel, a considerable degree of “openness” (perhaps put that in quotes, as well, entity Nancy) is required, as might be clearly understood in the Earth.

There is also the requirement of the setting aside of Self (capital S) in order that there can be the clearest possible channel or pathway through which the information can be given. In the process of accomplishing that, this and most all channels of like procedure and work, would relegate themselves in an attitude of affirmation, prayer, and faith to be, just so — utterly and completely, as within their capability — open.
That openness, then, is our responsibility in the Name of the Christ. And so as the Channel offers this open-handedly to God. And we as His servants respond in God’s Name, this becomes ours to protect, to govern to the best as is our potential to so do, and according to Universal Law, as we are permitted. These then are the considerations as were given us, and as we considered and therefore requested of you in the Earth. See?

The experience itself: Yes, the Sea of Faces as a general, collective realm or place of consciousness, so to say, is in closer proximity to the Earth than in past. And this proximity is in a state of continual change, moving closer to the Earth, as it were, or vice-versa. It is difficult to give you a reference point in terms of which is moving this way or that. But rather, simply understand that there is movement and it is proceeding continually. And there is a gradual increase to it as is relevant to the overall activities which are present in the Earth at this time. And add to that that this is universal, this movement. See?

So then not just the Earth, but in general all consciousness is afforded the opportunity of change, of growth; or if you prefer the term, movement or progress.

In the circumstances which the Channel described, the awakening at that particular time was fortuitous in the sense that: Number one, he was correct in his assumption that, yes, he was in somewhat of an altered state due to the broken sleep pattern he had experienced prior to awakening at 3:00 a.m. This too would apply for most entities. And to wit, we have in past encouraged entities to come together at a meditation time during the period 2:00 to 4:00 a.m., because we are cognizant of the fact that sleeping for a time and awakening is conducive to receptivity; because much of the constant thought patterns of the Earth — often referred to here as mass-mind thought — are at a very low level of function.

Secondly, moving from a sleep state to an awakened state in the time frame as given does make one more receptive or more open than would be the norm. Why is this? If there has been, as we have suggested, a period of three to let’s say five Earth hours of sleep or something in that range, then an altered state of consciousness has been attained, no doubt, wherein normal consciousness has been released during that time.

In a sense this could be thought of as freeing the spirit of self. And movement, travel — spiritually, mentally, and/or in what is referred to by some as the astral body — so coming back to a physically awake state after such affords one greater opportunity than let’s say one might have at mid-day when meditating, for the reasons we have given above.

We would quickly add here that this is not to imply that there are not those who can accomplish these states of meditation at any time, for that is certainly true. We are merely pointing out the environmental circumstances make this easier, less effort. And we should think this might be
understandable from the Earth plane, based upon what we have given. That shall be our prayer here.

The Sea of Faces — particularly those who have been indwelling there for some considerable, as you measure it in the Earth, time — is a place of consciousness perhaps moreso than a physical dimension or realm from which intensity of focus is commonplace. This is largely due to denial on the part of the souls therein. Denial in the sense of, for varying reasons, being unable to or unwilling to accept their greater spiritual potential. And, colloquially given, moving on.

The sound and emotion which the Channel perceived and which recoiled him so substantially was and is the thought-forms, the emotions, the feelings, and the position of consciousness of certain groups of souls who are in, currently, that which we call the Sea of Faces.

Others can hear this; not just this Channel. Others can seek it and connect with it and know it. And perhaps there might be some value for others to so do, if for no other reason than to validate for yourselves the immensity of this experience. And to convey perhaps, by being cognizant of this, the potential for wondrous works that such knowledge of this affords all of you.

In terms of potential benefits, not the least of which here is also that of awakening you to the power, the control, and the potential that you have while yet in the Earth to eliminate the Sea of Faces as a potential destination for you upon your departure from the Earth. Or rather, if you prefer, when you die — which is a misnomer to be sure, but it is of familiar usage in the Earth. Hence, we have given it. See?

We do not wish to impart an attitude generally of fear in regard to this entire topic. Or to suppose, either figuratively or literally, that this is a very, very real danger for all of you. Because that is simply not so. The majority of souls departing from the Earth pass through the Sea of Faces. Some slowly; some swiftly; and some almost immediately so as to leave the impression that such a realm or dimension is nonexistent. And that is as it should be, according to the awareness of the soul who is traversing these realms. See?

But the greater one can understand that such realms of expression do exist, and that they have as inhabitants a staggering number of souls; and to understand further that this is a potential of limitation or imposition, at the very least, for many others who are yet in the Earth, then we should think that this knowledge and the experiences which you can produce from same are well worthy of this small effort. See?

The “Cry of the Lost” is an appropriate term and/or title for this work. And let’s explore briefly here why we might state that. Are these souls literally lost? No, they are not. But for all practical purposes, from their perspective, they are. It may seem incredible to you; but because they
believe they are lost, they are lost. Because they have accepted limitation, they are limited. And even when, as a collective grouping of great number, they might reach a point of almost unbearable sadness and remorse, loneliness, and all that sort, sufficient so as to produce the cry that this, our Channel, heard. And others of you, as well.

Why do they not simply release their limitation? Why do they believe they are lost in the very first place or very first point of their decision?

The questions which we posed just previously may seem at first listening to be very difficult to understand. If you are one of those who falls into that grouping, consider these points. You are creations of God. You are Children of God. Therefore, as Children of God, within you are the seeds of God’s own omnipotence. His Power and His Law are within you; just as surely as genetic patterns are within your physical body from your physical and/or biological heritage.

So this then supports the righteousness of Free Will, does it not? And certainly, according to Universal Law, that is so. Therefore those who are colloquially called Light Workers — or angels, or guides, or Servants of the Light and so forth — will always honor the Law Universal for they know this to be perfect. It is within their being a totality. And therefore the consideration of violating it doesn’t occur. See?

Even in the midst of the Sea of Faces there are such glorious Beings of Light, awakened Children of God, if you will, who are continually willing to serve. Looking for and with incredible patience awaiting a moment wherein one or more souls may open themselves; may release their powerful hold on their own guilt and remorse and unworthiness; and accept for just one moment a greater blessing. It is their belief that they have wronged God or wronged others, or both. That suppresses their receptivity to the Light; that inhibits their potential to grasp, even conceptually, that this, too, might be forgiven. See?

And as they are gathered into groupings and those groupings into masses, the cry — that in this instance the Channel heard — was indeed a cry of lost souls. Their cry of sorrow for the wrongs they had committed, for the errors of omission as well as commission that they are reliving repetitively, over and over again in these lesser realms.

And so while they have no literal means of reconciling their wrongs — at least, not in their own consciousness, see? — because of this they believe themselves lost. And they cry out: both out of remorse, out of pain, some out of frustration and sadness, and all of these and associated emotions as you would know of them in the Earth. And there are other emotions, as you might call them such, of which you know not in the Earth. Because for the most part you have no way of experiencing it.
Here is why. Because they have gathered together according to like needs, like desires or limitations. Whether these be thought of as good or bad is irrelevant, they are one in intent and thought and emotion. And it is this sense of oneness that predicates one of the major difficulties, that causes them ultimately, every one, to lament.

There is no way for them, in their consciousness, to make amends. For the Earth is gone. Those with whom they interacted are gone as well. If there is an addiction, they cannot obtain it, that which is the source of same. Whether that be a chemical or a situation in the Earth such as power and the need of same, or dominance and the need of same, or the need to be dominated: all of these can be as limitations. All of these can be addictions. We have given information on this in past.

So here at first, upon arrival in these realms of consciousness, so to say — these newly arrived souls might find some degree of affinity if not, curiously, some comfort in being with entities of like mind, like need and, sadly, like limitation.

There are others who don’t even make it to the Sea of Faces. These are considered Earthbound souls. And they might walk about the Earth, constantly besieging those they feel they have wronged to forgive them; or constantly striving to fulfill their just-previous need while in physical body. These would be dealt with somewhat differently, as some of you know. But for now, those who have moved beyond the Earth and who are with others of like mind, so to say, in the Sea of Faces are those who issued this call.

What to do? How to deal with this? Why did this happen in terms of the Channel’s experience? According to the Channel’s pledge of service, and according to his meditations and the desires of his heart and mind: He is seeking to fulfill those opportunities of service and bring into the Earth any such works as might be of value to those who he will leave behind upon his departure from same and his return here to rejoin us in these realms.

And it is because of this intent, in no small degree, that he had the experience. Because by having the experience, it awakened him and his colleague — whom he refers to as Ken — to this as a potential work: as a body of information which might be resource for those who would seek it to understand the magnificent opportunity that a lifetime in the Earth presents.

And that by looking at self openly, honestly; by looking at those things which each one adjudges to be wrong, which each one might adjudge to be an error — whether passive or active, omission or commission — both have the same end result, and that is usually guilt. A feeling of remorse, a feeling of some varying degree of failure and/or loss. Indeed very often, the recognition of opportunities lost spawns greater guilt than actions of commission. See? In other words, those things which were done and are regretted. See?
When you can claim yourself, when you look into your heart and mind and take each of these things which are as guilt or suppressed sadness or emotion, and you can claim them as your own. In other words, not deny them, not bury them deep within you; for in the case of the latter, all these things will be brought to the forefront upon departure from the Earth. And the power, the determination, the energy which you give them in terms of denial reverses itself in a sort … in a sort of expression, see? — upon departure from the Earth. For when you leave the Earth, you leave behind the physical. But you do take with you all those deeds of kindness, all those deeds of support and encouragement. These are in essence converted to spiritual light.

There are, more often than not, also those deeds which are neutral, where you didn’t truly (quote) “lose” (end quote) but then neither did you gain. And so these are as simply neutral energies. They neither add to the light nor detract from it. That is your spiritual level of acceptance. And then, of course, there are those deeds, faults, fears, guilt, and on and on which are without light. See?

And so to give you an idea of what it is like for some souls when they depart from the Earth, there is a sort of automatic equation which processes all of these events. So very many souls will tend to focus heavily upon those areas of their just-previous life wherein the light is absent. And those things which they have thrust to the deepest, darkest recesses of their being while in the Earth are upon the table of their transitional self — in full view and before themselves and those who are striving to serve them: guides, the Angelic Host, and so forth.

If these have been denied — which empowers them, in a sense — then that must be dealt with before they can go on. Unless of course, they can know well enough to claim the Light and to place the darkness only into a position of polarized balance, so that they can see themselves more or less at arm’s-length spiritually. And that by so doing, they know that while they might not equate themselves to have had a perfect lifetime, they will nonetheless accept the Light that was present therein and move to the fullest extent that their sum and substance of spiritual light permits. Granted, they may not do this immediately to the fullest or highest level, but they will surely begin the process. And their movement will be continual — gradual for some, swiftly for others — but always moving.

Now those who conversely have significant items of darkness or absence of light upon the table of their transitional consciousness; and who, upon experiencing same, wrap themselves with it in remorse and guilt; their very common thought is: I cannot go before God or the Angelic Host. My sins are too great. My sorrow is too heavy. I will go elsewhere rather than confront my shame, my remorse, my guilt before God Himself.
The guides, the Angelic Host, and so forth strive to reach out to them to let them know that God is All Loving. And that these are just experiences, opportunities which — while they may have been missed or neglected or misused — are nonetheless only opportunities, only experiences. And not they, the soul, the Child of God themselves. See?

So then, as the Channel heard this lamenting, it was moreso the comparative emotional state and all that sort that he reacted to, perhaps more so than any audible cry. Although we should concur this too he did hear. And this we know has awakened him to the needs of those souls and to the potential service of those who are yet in the Earth to those groupings in the Sea of Faces and to themselves as individuals, as groupings, as classes and masses and peoples.

*Let it begin with me. Let me be sent. Let me be used.* These are good words. They are admirable. They are teachings according to the Master; indeed, to most all who are masters in the Earth. Past, present, and future. It is well, however, to remember what it is you are offering to God to use and send. Art thou the vessel of Truth? Or are you burdened with your own suppressed and hidden — hidden from self — sadrances; remorses; guilts; by your evaluation, sins?

It is thought and taught by some that one way to purge self of these — in other words to make amends — is to go out in service. We can and do concur with this to the extent that those guilts are not so deeply buried within you that not even a wondrous work of the Christ Light, of God’s very Light itself, can reach into the depths of where you have placed these. And illuminate them and free you from them.

If you want to fix something that is broken in the Earth, do you hide it away and attempt to fix it at a distance? Or do you place it in the center of your repair table and focus good, bright lighting upon it so that you can examine it carefully, minutely if necessary, and see what the need of repair is? And then look for the tools and the materials that are needed to make the repair; that that thing might be good again, that it might be functional and well and do good service thereafter?

How is it any different with things of the heart? With thoughts of your emotion? With those things which you consider to be misdeeds or non-deeds? Put them on the table of your life itself. Claim them. They’re just another broken thing or malfunctioning thing, aren’t they? Aren’t these simply aspects of your life and your potential which you now see as less than desirable to you?

You have the power to change these. But not by hiding them away, not by placing them into the depths of your being where they shall grow in their condition of imbalance until such time as your transition, whereupon you will relive them. Better that you should — from the consciousness and from the support of your spiritual grouping and such — look at them while
yet in the Earth. You can fix them. You can make them well and whole. You can balance them out. You claim power over them. Do not give them power over you.

Begin by praying for those who have gone on. Begin as well by not holding thoughts of debt or indebtedness, by not holding thoughts of anger and remorse; but placing them into an appropriate position of balance, of judgment and evaluation. And nothing more.

The cry of the lost is very real. Your prayers will help them. Your light and your works will be a light and works on their behalf, as well, even if but only in portion. See? Love that part of you which may at the moment also be lost. And if you hear a cry from within your being, answer it. Bring it out. Bring it into the Light of God and let His Forgiveness and Love correct it. Let Him fix it. See? Given with loving humor.

We are through here for the present. May the Grace and Blessings of our Father’s Wisdom ever be that lamp to guide your footsteps.

Fare thee well, then, for the present, dear friends. Om Shanti.

For further information, services, and additional readings:
info@libraryofconsciousness.org or www.libraryofconsciousness.org

SPECIAL NOTICE: This material has been prepared specifically for use as research information only. In readings where such is pertinent, application of the material should be attempted only under the guidance of an appropriately accredited practitioner.

KEY WORDS & PHRASES:

Cry of the lost, Sea of Faces, Name of the Christ, open-handedly, God’s Name, Universal Law, denial, astral body, altered state, broken sleep pattern, altered state of consciousness, freeing the spirit of self, movement, travel, spiritually, mentally, meditation, thought-forms, awakening, power, control, potential, potential destination, fear, danger, Children of God, omnipotence, power, His Law, Free Will, Light Workers, guides, Servants of the Light, angels, guides, Law Universal, perfect, Beings of Light, receptivity to the Light, cry, cry of lost souls, cry of sorrow, wrongs, errors of omission, emotions, Earth, chemical, power, dominance, newly arrived souls, limitation, Earthbound souls, Earthbound, guilt, remorse, omission, commission, failure, denial, deeds of kindness, support, encouragement, spiritual light, neutral energies, Angelic Host, darkness, Light, God is All Loving, Channel heard lamenting, vessel of Truth, Truth, broken, His Forgiveness, His Love, forgiveness, love
Editor’s Notes
Lama Sing Readings

Lama Sing: Lama Sing is a name that represents a group from the infinite side or Universal Consciousness. Lama Sing is also the name of the individual who served as the channel and spokesperson for this group; Al Miner was the channel and spokesperson for the finite side. At the beginning of each session — called a reading — Al placed himself into the trance state. Lama Sing then borrowed Al’s voice for the reading. No fewer than twelve spokespersons contributed to each reading, and sometimes many more. Throughout the readings, the Lama Sing group deferred to each other, just as we do when in a conversation. The language often changed as different representatives came forward to speak on topics within their areas of expertise or from their eras of incarnation.

Language: Lama Sing’s use of words — such as ye, thee, whom — is often contrary to modern conventional usage, but the meaning will be clear. It has been decided to keep the text verbatim, including the use of word forms that may be considered ancient or antiquated. Note that this antiquated usage also includes masculine personal pronouns and phrases such as “mankind” to refer to both men and women.

Capitalizations: Throughout this work, we use capitalizations that may not conform to the norm. Our intent is to distinguish between the every-day use of words such as love, peace, and joy and those very same words when Lama Sing uses them to indicate something much greater. For example, Lama Sing has said there is a far greater Love, a much deeper Grace, a more powerful Will than we in finiteness have known or remembered in eons.

Channel: The title Channel is used by Lama Sing in place of Al, because to use the name Al could serve to call him from that Consciousness to which he was taken. By not calling his name, Lama Sing prevents Al’s personal involvement and influence in what is given in the reading.

Dis-ease: The word dis-ease is used by Lama Sing to mean not only illness but first and foremost, a lack of ease in spirit, mind, emotion and/or body.

Earth: When referring to life on Earth, Lama Sing uses the term in Earth. This is because Lama Sing is referring to being in Earth, much like we refer to being in Heaven versus being on Heaven.

Quotes: There are places where Lama Sing emphasizes a thought by speaking the words “quote/end-quote.” To let the reader know that those emphases are Lama Sing’s as opposed to the transcriber’s, the words quote/end quote have been left in the transcript along with the quotation marks themselves.

Pauses: Lama Sing often pauses while communicating through the Channel. During the pauses, a number of things may be occurring, such as: Lama Sing may be conferring with others who have gathered to provide special information and insight; or Lama Sing may be giving the Channel, Al Miner, time to complete his experience in Consciousness without interference. We denote such pauses with a single flower: