

# Unifying Aspects into Oneness

A Commentary

by Al Miner & Lama Sing™

PROJECT — Attunement, Reading #8

AL MINER/CHANNEL: This is March 27, 1986. This reading is code #V-108, and it is actually quite late on March 26, so I'm giving this reading the date of the 27th, since the majority of it will fall into that date.

We request this reading on behalf of the Voyager Project #1 entitled "Attunement," and I request the following on behalf of all of the members and myself, the project having an initiation date or starting date of February 9, 1986.

In the previous reading, #V-107, it was indicated that a second or a followup reading to that one be conducted, and so that is what I am doing at this time, in accordance with that request. And so, consequently, I have no specific questions but only to open this completely to You, Father, and to those who serve in Your Name.

*So I ask prayerfully now, Father, that You guide us to the very highest and best possible information that can be given through this work which we are about to do, and we ask that the blessings of the Master surround all who will hear this and all who share in this work and that, as ever, Your spirit would guide us. Thank You, Father. Amen.*



LAMA SING: Yes, we have the Channel, then, and as well those references as apply to the project and those individuals, that group, as are gathered therein. In commencing with this work, we first pray in this manner.

*Father, as Thou seeth us in this work, ever guide us, each one, that we might know of Thy presence and Thy will and thus the better see that path, those choices, those opportunities which are ever before us. This we pray of Thee in the Name of our Brother, the Christ, thus knowing, Father, so shall it be done. Amen.*

The comments which we shall give here as information for reference, and to be, in general, the guide unto thee in those Earth days just ahead, shall be intended primarily to bring about clarity in thy understanding and to bind together, so to say, aspects of this project as it has to this point been thought of — in one sense, at least — to have separate aspects or separate phases. The first of which, as you may recall, would be that of the physical. The second, which is now at a peak of sorts, being the mental. And the third and that which lies ahead, being the spiritual.

Even though we have related to these in the more individualistic sense, we emphasize here that the intent, the goal, is to bring these together into a state of harmonious existence together, coexistence if you wish. But more than that, in truth. A blending, a unification, that there is indeed ultimately no separateness. Do you see?

During this then the mental, which now as we observe your present schedule, that as it relates to the Earth, to the lunar forces being at the segment of the full moon, coincides, as you well know, with the celebration of the Master's perhaps greatest works: that called the Easter season.

The moment of what is titled "Crucifixion" — just a few hours from hence in terms of its memory, its remembrance — is a time of freeing the spirit, the mind, from the body. Only to return and reunify body and mind and spirit into a oneness again, that further works might be done to those whom were to bear the word, and yet do, even here, as we speak.

If each of you then would think of yourselves, just for these few Earth minutes which we are sharing with you here, as being equal to the Master in every aspect — literally His brother, or sister, if thou art in the female body, a distinction of very little importance from here — then that attitude of mind, that belief, will be the cohesive element involved in a binding work which can easily become the conductor or the channel for all that He has done and all that He promised unto thee, that ye might do the greater.

Remembering then during this time which could be clearly called the holiest of holy, also remember the words which He spoke directly to each of you, and indeed to all, that as ye believe, that as a man thinketh in his heart, that these, as he indicated, are points of power. Now as ye shall work in the sense of understanding the movement from the full moon to the new moon, use the power of this season, this time, this celebration of Eternal Life, evidenced by the Master's work, as a point of power for self ever more. Not only in this season but in the next and the next. In all times remember this experience.

Some of you shall feel great emotion and great reaction at this particular time of Earth year moreso perhaps than any other. We would share this knowledge in the hope that it causes no hardship nor offense on the part of the Channel, but this time is in his Consciousness of the greatest of all power. It is also a time of great intensity for him, as it is for most all of you as

well. We comment about it in order that understanding might come from what you hear in these words and as we all gathered here speak to each of you in your own spirit.

This work on the part of the Master was done for you, in this your current day, your current time. It was not an idle sacrifice nor an idle evidence of the power of God that He returned. But rather to live on in the hearts, minds, and spirits of the faithful, that that action might then serve as a channel of blessings for you all, if you wish to partake of it.

How then can any entity function continually in the Earth as a channel without having some profound impact upon themselves at this memory, at this time of power, when so many in the Earth and beyond remember His gift? And we open that channel, to be added to the personal power of thine own individual pathway. And since the Channel here — as he is, you see, while we speak, moreso here than in the Earth — is serving in this project as a channel that the information might be given; then it follows that in this time, all that he shall gain from this experience, the celebration of His reentry into the Earth, shall thusly be borne forth through this Channel, augmented by that of the Master's presence, and be a gift offered now unto each of you.

Do dwell upon this thought. Hear what we are saying to you, in your spirit. Do not allow your thought or illusions of the Earth in any way to limit what it is we are attempting to give to you. For this gift is not ours, but it is the Father's, presented through the Master Himself unto you. Offered, do you see, as one might offer a cloak of warmth to one whom is fatigued, cold, and weary. If you would take this as it is extended to you, it is forever yours.

You have also crossed that marking point, the point of demarcation called the vernal equinox, in the northern hemisphere, of course. A time of renewed growth, the springing forth of life from seeds which have been sown deep within the mantle of the Earth. A time for things of the Earth to renew themselves almost in a chorus of harmony with the reappearance of the Master. That the Spirit of God attune to the Spirit of the Christ, as the example, performs its renewal, each one, through the Grace of God, expressed in the abundance of the nature spirit or force. This too then, see in the realm or level of the physical, is also among you and available to everyone.

Unto this then add your own spiritual growth and awakening, your mental growth and awakening, as augmented by your mutual works in this project, and look to the future, the days ahead. Be observant. Look for that which is apparent, and see how it is a gift or a blessing to you, no matter what it might be.

When next there is the full moon, there shall be a celebration of also wondrous beauty and as a living testimony or ceremony of the faithful called the Passover. Profound power is present in this, and that which was and is builded by the faithful shall be a contribution unto you all. Let not

the limitation nor the illusion of the Earth serve in any wise to demarcate a sense of faith, a sense of judgmental position, but wherever one man shall show faith unto God, even in their own individualistic form, share that faith with them, accept it as a gift. Criticize them not, but love them for their faith and go beyond the limited sight to accept the fruits of that harvest which they prepare. And return unto them equal, as ye have been given.

After you shall, from that point of the next full moon, begin your movement to the new moon and the completion in essence of this project as it is defined in a specific sense, there will be another great point of light that shall appear in the Earth. Look for it. It will be a time of power and a time of brilliance for all the faithful. When many of the peoples of the Earth come together in a single day of unified prayer, there shall be upon the Earth in that day a light, the presence of which can be clearly seen and received by those whom would seek it.

From there, only a few Earth days will pass, and you will be in essence complete as relates to the specifics of this project and the individual aspects thereof. But it shall not be the conclusion of this or any work related to it, but rather the beginning of many great works for each of you as individuals, and for all of you, so as you shall choose, as a grouping.

Never to be thought of as one such bound together in a sense of rigidity, but whom might of your individual Free Will come together, as there is the will and as there is the need, to serve together in a mutuality of dedication of spirit unto a healing work.

We should think that it is appropriate that that healing work be called by a title so profoundly emphasized in these current Earth days where the Master asked of those whom were gathered around Him and whom supported and followed Him, that certain of them might come with Him to a place apart, that He might pray and that they might keep *The Watch* with Him.

And so some of you know that there has been the discussion on the part of the Channel and the plan to establish a work which would be a living work contributive to others. This thoughtform, as he perceived it and saw it to be good and spoke of it, is not idly commented of here, nor by chance appearing in the midst of this commentary regarding this project. But by the guidance of that spirit which guides us all, that we might see this as the opportunity and take from same, as we shall, in accordance with our desires as individual entities to serve in the Father's Name those whom are in need. Do you see?

And so as you now, each of you, some even as we are speaking, are beginning to keep *The Watch*, remember to ever keep a watch within, that you would know when He might call, that ye might hear when thy brethren might be asking of thee in a silent thought or prayer, in the recognition at some level that you bear His Word and that the clarity of your spirit can be the vessel which bears the water of His Spirit. Live in that thought and in the essence of that

consciousness, and it all shall be given unto thee. Naught shall be denied thee. And your life in the Earth shall abound with joy and wisdom.

During the course of the movement through the mental, wherefrom we have expressed our consciousness in realms beyond the Earth in ways which are not completely clear to our conscious mind, and yet all the while you have known that something was transpiring, some activity taking place. Some of you feeling to the greater, some to the lesser, a result in the sense of the physical, in the sense of the material. And yet others of you shall know that these seeds which are herein sown are intended to bear forth their fruit in a time yet ahead.

But all of you shall in this, as we shall call it, the third and final phase of the project, know and feel a stirring within. A movement of consciousness so profound that it must touch some element of your life in the daily and eternal sense. For there is not one among you whom can resist the brilliance of the light which you now stand before. And since you have approached it in askance, it must, you see, be given unto thee and bear forth a fruit.

Let us retrace, very briefly, several steps. You will recall that we asked, as best you could, to look for two entities each Earth day and to learn to see their needs. And we asked that you look for one whom you would perceive in great need. Our intent has been to awaken you to the need or to the call that others give, that you might know of it. Now we shall, during this forthcoming third phase, ask you to heal them.

We do not ask you to interfere with their lives or to violate their right of free will. But, so as ye perceive the call, the need, we ask you to meet it, in the Father's Name. We ask you to do this wherever you see the need, wherever you hear the call. No matter how small nor how great the need may appear before you. We ask you during this forthcoming third phase to think of yourselves now as the Master's followers, whom He has regathered, spoken to, and asked to go forth and spread His Word, His Teaching, and the Truth of the Father.

We however do not ask you to do this in a manner which is a transgression of your own free will, nor in any manner which is not joyful to you. And were you there, you would know that the Master himself presented the opportunity in just this same manner. For in order that a work might be done of the greatest potential beauty, love, and joy, the worker must be a channel of that same nature — joyful unto their labors, in wonderment of its beauty, and ever faithful, ever knowing that it is aright and of the Father's own Truth.

Where you can meet that, then meet it and serve. Not in your own name, but in His Name. Not excluding self, but recognizing, affirming that you are not alone in the work. It is a unified work that we are asking you to do. Do you see?

It is of no great import that you may not find two entities in one Earth day or in one Earth week, or even one in an Earth month. But where you do find them, do His Work. Where you do hear their prayer, their need, then answer it. The greatest that you can give to them is your prayer. Everything other than this is less. If you give them a hand to support their physical body, in that moment you have given them a kindness. But when they release their hand from yours, as surely they must in some time, let the hand of your prayer continue to support them where your physical hand can go no further.

The physical is balanced in a way which creates harmony, allowing the flow of energy, as we have discussed, to move easily. We have mentioned and described methods which enable you to sense the level of need of the entity, not so much so that you would pray for them only at that level but that you would respond in a knowing sense that here is a need. And this is its form of expression. When one in the Earth or in any moreso finite expression can define a need, then the need can be grasped. It can be dealt with. But when the need is undefinable, there tends to come a reaction, more or less natural, which causes a gradual reticence, a movement away from the opportunity.

When such occurs, move to a different level of consciousness, as your meditations have provided you the opportunity to see. And work for that entity from that realm.

You will recall that we humbly requested the Channel share with you certain works, certain experiences. And this we are joyful to report to you that he has done. Obviously, you will know of it as you know of this work. As you follow along with his description, know that we are present with him; and you as well.

The project has been a gift, a blessing to you all; the Channel, of course, no exception. None of you expected from this gift, this blessing. We would not define specifically in order not to limit your gifts nor those which are given to the Channel. It will likely become apparent to many of you in the Earth days ahead what some of these are as relates to yourself and the others and the Channel. As you then listen to the words of his description of his journeys, know that in a like manner each of you are guided. And as it is given more and more clearly to the Channel from greater and greater sources of guidance, then it is unto each of thee given in a like and equal manner.

It remains then for your will to accept and to apply this in your daily life in Earth and in your daily thinking. Strive to eliminate now, as you descend again from the full moon to the new moon; strive to unify spirit and mind into a oneness. Strive to eliminate a separateness. Be as one entity expressed at all levels.

Again referring to the Channel's journey from the Earth to what he calls the *Veil of darkness* and back again, do not hear his words and think of them in a limited sense. Grasp the spirit of what he describes, knowing that his description, his action and reaction may differ to varying degree for each of you; just as your reactions to any shared experience in the physical consciousness of the Earth might well differ. But hear what it is that he shares with you and open yourselves, knowing that God's Spirit is with you, protecting and preserving each and every one of you. Do not be divided in your thinking or in your efforts, as you will recall we commented about in the just previous recording, #107. But be unified in the sense that you have no demand, no finite limitation. But that you are, in fact, unlimited.

You may prepare yourself in any manner in which you are comfortable. You may use a chant, a mantra. You may meditate upon a color, a sound, a candle, a mirror, or the glass of water which we spoke of. But when you enter that time of quietness and begin to hear the words of the Channel, let them all be and move with him openly in an unrestricted sense. Do not expect a miracle. But do give the Father the choice as to which is appropriate for you. See?

In the second, as it is ordered, of the Channel's recordings, you will hear and see him move more gradually from the Earth and then to realms adjacent to the Earth. These are realms wherein one should proceed with some caution, certainly well-prepared by affirmations of prayer and intent, that you may go into them and return from them as you were, complete and unique, uncluttered and unencumbered. If you don't understand that, ask it of the Channel, for he has the knowledge and can share it with you in so many ways, perhaps far better than we, for we are not in the Earth in physical form. His experiences are those which can be related from your vantage point or from a vantage point similar to yours. Ask of him. See?

We shall encourage the Channel to move further and explore other experiences, that these might be shared with you as well. There are those among your grouping whom have requested these earlier. And we shall attempt in that which we shall bring to the Channel to fulfill not only that, and that which is best for this grouping, but much more. Do you see?

As the experiences of the Channel, in moving from the Earth to these realms and sustaining a communicative link to the Earth in his own Consciousness, continue to evolve, there shall be made available to you all such a wealth of experience and knowledge. And unto those of you whom have this reason or that which prevents you from clearly perceiving your own, in terms of guidance, you may find in those works which are to come a brilliance and clarity of understanding as might never be given from realms here and beyond.

And so it might be likened as a voice coming to thee from beyond the Earth as might be spoken through his body, a voice from the darkness, a voice from realms or wildernesses unknown. And

as you hear those words or that cry from same, know it to be intended for the highest and best unto each of thee. See?

There are souls of light in the Earth and about it. They are awakening more and more with the passage of each moment of consciousness, or time if you prefer it. Each of you possess the potential for being numbered among them and being called to the greater work which lies ahead. You cannot lose in the sense of failure, for gifts from God are not in that nature. God's opportunities are always joyful. Whatever is experienced in the Earth in terms of attitudes of failure, of doubt, or error are the illusions thereof. And ye might well be rid of them, even so as we speak.

We have asked you to project a line of light, of white light, and to perceive a realm below and above, and to go a distance and to return. To think of certain words, certain names, certain emotions. Find with curious interest a parallel to the second of the tape recordings performed by the Channel on your behalf. You will understand then why we spoke those words of emotion and those names at that certain point in the journey we suggested you take. Realms close to the Earth are those realms of existence wherefrom or wherein entities bound to the Earth dwell, often burdened by the most unlikely thoughtforms or desires, even those thoughtforms which bear the Name of the Master Himself. There are those among those realms whom are, as history will recount them, of great spiritual import and purity; and yet they dwell in that realm the Channel calls *the sea of faces* because of their own self judgment, their own feeling of failure or of having sinned in some certain way.

You will hear in the future as we guide you through the Channel's journeys unto some of these, wherefrom you will be afforded the opportunity to participate. And pay no mind to time; it's an illusion. When you hear the recording, the work will be done. It matters not when the recording is made; it matters when the work is done. Don't cling to the finite, whether that be a chakra, a clock, or a mantra. Let these be tools to free you, not to burden you. See?

And when we do these works together, dear friends, you will know of which we speak and of that which the Master has left as the Spirit, as the Way of Truth. The teacher of righteousness is among you now. Heed His words, hear His guidance and His interpretation. And ye shall find in this that which shall set you free. From your position of freedom, you will be enabled the right to free others. See?

We shall then, during this latter phase, request of you to return to the 2:00 a.m. Eastern Standard Time meditation wherever possible. Not as a mandate but as a suggestion, approximate. We encourage you to meditate periodically, as you can, during the Earth day. And if you cannot attend at the approximate 2:00 a.m. time, be certain to attend at another. The importance of this during the third and final phase is that we will be intensifying works together significantly.



We have no further comments for the present.

May the blessings of our Father's wisdom ever be a lamp to your footsteps.

Fare thee well then for the present, dear friends.



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## Editor's Notes

### Lama Sing Readings

**Lama Sing:** Lama Sing is a name that represents a *group* from the infinite side or Universal Consciousness. Lama Sing is also the name of the *individual* who served as the channel and spokesperson for this group; Al Miner was the channel and spokesperson for the finite side. At the beginning of each session — called a *reading* — Al placed himself into the trance state. Lama Sing then borrowed Al's voice for the reading. No fewer than twelve spokespersons contributed to each reading, and sometimes many more. Throughout the readings, the Lama Sing group deferred to each other, just as we do when in a conversation. The language often changed as different representatives came forward to speak on topics within their areas of expertise or from their eras of incarnation.

**Language:** Lama Sing's use of words — such as *ye*, *thee*, *whom* — is often contrary to modern conventional usage, but the meaning will be clear. It has been decided to keep the text verbatim, including the use of word forms that may be considered ancient or antiquated. Note that this antiquated usage also includes masculine personal pronouns and phrases such as “mankind” to refer to both men and women.

**Capitalizations:** Throughout this work, we use capitalizations that may not conform to the norm. Our intent is to distinguish between the every-day use of words such as *love*, *peace*, and *joy* and those very same words when Lama Sing uses them to indicate something much greater. For example, Lama Sing has said there is a far greater *Love*, a much deeper *Grace*, a more powerful *Will* than we in finiteness have known or remembered in eons.

**Channel:** The title *Channel* is used by Lama Sing in place of *Al*, because to use the name *Al* could serve to call him from that Consciousness to which he was taken. By not calling his name, Lama Sing prevents Al's personal involvement and influence in what is given in the reading.

**Dis-ease:** The word *dis-ease* is used by Lama Sing to mean not only illness but first and foremost, a lack of ease in spirit, mind, emotion and/or body.

**Earth:** When referring to life *on* Earth, Lama Sing uses the term *in* Earth. This is because Lama Sing is referring to being *in* Earth, much like we refer to being *in* Heaven versus being *on* Heaven.

**Quotes:** There are places where Lama Sing emphasizes a thought by speaking the words “quote/end-quote.” To let the reader know that those emphases are Lama Sing's as opposed to the transcriber's, the words *quote/end quote* have been left in the transcript along with the quotation marks themselves.

**Pauses:** Lama Sing often pauses while communicating through the Channel. During the pauses, a number of things may be occurring, such as: Lama Sing may be conferring with others who have gathered to provide special information and insight; or Lama Sing may be giving the Channel, Al Miner, time to complete his experience in Consciousness without interference. We denote such pauses with a single flower:

