LAMA SING: The symbol of the Christ Mass is the symbol of opportunity given to all forces in all realms. As there is from a tiny seed of expectation of grandeur, let this Christmas be as that seed within self, that it shall have the expectation of the highest grandeur that you can conceive. And that as the seed grows and draws its nourishment from God, and its' branches reach beyond to caress and to give love and sharing to all.

Nourish the visions of thy brethren. Be that which supports them, and truly give them love. Let this be now the beginning of a dawning within self that thine eyes shall behold that which is of glory in each soul, and shall see not that which in past disturbed thee.

Wait until the sun has set for the evening and step out and become at one with the vastness of God. Lift your head to the heavens and perceive the jewels which God has spread across His robe. See the Eternal Light which comes from everyone. And perceive the beauty and immensity of this garment. And know at that instant that it was created just for thee; that it was and is a protective garb to nurture thee, the seed of God, with grand and glorious expectations.

Let the Christ be born, then, within.