

VOYAGER "ATTUNEMENT" PROJECT  
The "Full Moon" Exercise

January 30, 1986

This exercise is our first major activity. It has been requested to be our first by the Source, and I think that you will understand why as we proceed. The concept of following the phases of the Moon with our meditations enables us to take advantage of the Lunar Effect. This Effect is essentially the passive elements of the Earth yielding to the Lunar Forces, as evidenced by the tidal movement of the Earth's great oceans.

It follows that as we become more passive through our early morning meditations, we shall become more receptive to this Force. It appears that this receptiveness will then be used as an aid in raising our consciousness, much in the manner of the tides being moved with greater force as the Moon progresses toward it's full phase. This is supported by Reading #V-102, which states that we will be guided to bring our Forces into an ever higher state, essentially by moving our consciousness up through the Chakra's or glandular centers. Upon reaching the top, or "Crown Chakra", we will then be guided to bring this Awareness back down through the centers once again as the Moon progresses back to the New Moon phase.

Some of you may be wondering why early morning hours were choosen as the best meditation time for this exercise. Well, as we become more passive and thus more receptive, we become aware of and possibly limited by the the thoughts of those around us. Though this would cause us no harm, it could nessitate the expenditure of additional energy to balance with, or "pass through" these thoughts. This would be wasted energy. Also, whenever you need to "expend thought to meet thought", you create a potential limitation for yourself. Only if the thought you expend is of a Pure Level are you unlimited. If not pure, you may have inadvertently built a barrier to yourself with your own thoughts! Hence this time was choosen.

A considerable "Power" is generated by a group of people joined together in a common Work. Coupling this known fact with the Lunar phases will serve to further amplify this Power. Thus it can be safely assumed that we shall all experience a very significant oportunity for personal and group accomplishment as the direct result of this exercise. I am quite certain that it is the intent of the Source to use this heightened Power and Awareness to facilitate the Works which will follow this exercise.

Knowing through past experiences that nothing is given in the Readings without purpose, I feel certain that the other activities indicated in Reading #V-102 are related to this group accomplishment. And that in the subsequent segments of the Project we will be building upon this, with the likely emergence of new realizations, and a greater acceptance of our personal powers through the Presence of God within.

If you will refer to the Schedule included with this mailing, you will see the progression of this exercise as I presently understand it. I will send you further information as I receive it.