

Hourly Prayers and

BEFORE ARISING

I pray Your Peace to myself, that I can then see it reflected in all, and reflect it always

I pray Your Peace to The Promise, and that I AM helping to anchor the Way in myself and the world

I pray Your Peace and Freedom to our group, Freedom from all dis-ease and Utter Joy reclaimed

PEACE PRAYERS

8:00 AM — For the **E**arth: **I pray Your Peace and Your Compassion**

- each of the 4 elements – the air, the water, the fire, the earth
- the plants, the animals, the peoples, the discarnates, the entire structure of definition
- the factions of Earthly challenge – social, political, economic, geographical, forces of balance

9:00 AM — For those in **A**gony to any degree: **I pray Your Peace and the healing Grace of Christ**

- Physically, emotionally, mentally, spiritually; all ages, incarnate or discarnate:
Alone, abandoned, afraid, abused, addicted, angry, hopeless, weary, guilt-ridden, despairing,
lost, spiritually longing, those who refuse to or don't know how to pray

10:00 AM — For those **C**rossing, in either direction: **I pray Your Peace and Your guiding Light**

- those crossing out: who are afraid, who are ready, who have struggled mightily, who will do so by their own hand, who have no idea this is coming, who are prepared; to the family and loved ones left behind; to those who have no one in Earth to celebrate their life and passing
- those crossing in: who have chosen extreme challenge, who are coming in His Name, who come to right their perceived wrongs, who come to serve, who agreed to a commission; to the loved ones who will receive them and walk with them; to those who will have no one to celebrate their arrival or walk with them into adulthood

11:00 AM — For all those in the **E**cstasy of Knowing You: **I pray Your Peace and Your Wisdom**

- those on the cusp of remembering, those who have found you sometimes from the ashes of immense challenge, those who express and experience You in their thoughts, words, and deeds
- those who have remembered You again and again and, feeling they have forgotten again are seeking their way back

To our guides and all those who walk with us unseen and help prepare the way, we pray our love and gratitude.

CHILD OF GOD AFFIRMATIONS Acronym

12:00 PM — I AM **C**hrist Conscious

1:00 PM — I AM **H**ome, for He is Here

2:00 PM — I AM. **I** AM. I AM Susan, Daughter of God

3:00 PM — I AM the **L**ight and the Way, for He is centered in me and I in Him

4:00 PM — I AM a **D**isciple of Christ; all that I am about, we do together, for He and I are One

5:00 PM — I AM **O**ne with all, and all is One with me; I AM Free and all, in my Sight, are Free

6:00 PM — I AM **F**ree, as in the moment He burst me into Consciousness

7:00 PM — GOD IS **G**raciously ever abiding

8:00 PM — GOD IS **O**mnipotently Omnipresent

9:00 PM — GOD **D**elights in me and Delivers through me and all life

Father, into your Womb I commend myself — Knowing I AM eternally reborn in Consciousness, expressing You into definition on the morrow