## The Twelve Tenets of Truth

A Commentary by Lama Sing™ & Al Miner

Expectant Ones Series - The Holy Maidens #1

AL MINER/CHANNEL: This is December 6, 2000. This is a request for a topical research reading requested by and sponsored by [Name]. Susan and I wish to thank you, [Name], for your dedication and for the gift of this reading that is to follow. She writes as follows.

Dear Al, Susan, and the Lama Sing Grouping: Thank you for "The Expectant Ones, Then and Now." It is such an inspiration to me. I have a few questions on the reading.

It was stated that each one of the twelve maidens imparted some aspect of the twelve tenets of Truth. What are the twelve tenets of Truth? How were they imparted by the maidens?

The Master chose those who were to be the counterparts to the feminine principle (the maidens) so he chose the twelve (the Apostles). Please explain how and why they were paired.

Realizing that Mary was the twin maiden to Jesus, which of the twelve Apostles was not paired with a maiden, and why?

I realize that my questions are focused in a certain area. Please feel free to comment on any aspect of the reading that you feel needs to be brought forward. I love you. Thank you to everyone. [Name]

And so, Father, we ask that You look into the heart, mind and spirit of [Name] and all of us who are gathered about these works, in particular the group called the Women In Oneness. And guide each of us, all of us, to that information which You know to be the most needed, the highest and best, for all involved and for the work. We thank those who are going to come forward in answer to this call, and we acknowledge that they are doing so in Your name, Father. So do we submit this request to You now, in the name of our Brother, the Master, The Christ, remembering His promise to us as we do. We offer special prayers of thanks and blessing to [Name] for coming forward to request this work, and for her fine questions. And Master, we thank You for being the example to us all. This reading and [Name's] heart and spirit and ours and all those we've mentioned are dedicated in service to You. Thank You, Father. Thank You, Mother. Amen.



LAMA SING: Yes, we have the Channel then and, as well, those references which apply to the request as given just above and those intents and purposes as are ever a part of same. As we come together in this joyful work, let us come into this state of joyful expectancy.

O Holy Father, look upon us as we seek of Thee that which is Thy guidance, Thy truth, Thy honor, the wisdom of that which is universally eternal. O Holy Mother, embrace us. Impart to us the love and compassion as are those qualities as shall strengthen us and open us and guide us to know that we are ever one with Thee. O Holy Father-Mother-God, in the oneness of Thy expression do we come forth now, to claim that which Thou would give unto us, and offer same unto this, Thy daughter [Name], now before Thee, Father, and those who are proclaimed as her sisters in the Earth, and all those, O Lord God, who have come forward to be one with this work here in the Earth, in realms beyond, and times which are beyond same. We thank Thee ever, Master, in our hearts, in our spirits, in our thoughts, words, and deeds, for making the way passable for us to know Thee, and to claim from the reflections of Thy truth, Thy love, compassion and wisdom all that which Thou has seen within us. In the claiming of this, so then do we offer these as gifts unto all those who have sought of Thee this day, Lord God. And for those who have not asked and are lingering in the illusion of their own separateness, here are we, in the Earth, here, and beyond. So as ye would, reach out to us, call out, and we are with thee. We thank Thee, Father, for this continued opportunity of joyful service in Thy name through these, our Channel and his mate in the Earth. Amen.

It is a beautiful day, and the Essenes have gathered all those who are to be candidates unto that work which lies ahead. These are goodly in number, and their qualities of spirit and uniqueness are, each one, of beauty, of bountiful potential. And now, as each one has been reviewed, spoken to, and asked to speak, according to their individual heart and spirit, those words which would typify who and what they are.

Now the review is completed, and those of the teachers, the elders, the seers, and all manner of workers from this great gathering of the Essenes, the Expectant Ones, have now retired. Their ceremonies completed, their bathing, their meals, and songs having been sung, the inner council is gathered, and prayer, meditation, and discussion follow. Many hours pass, and many prayers are offered. Each one speaks of their heart and of their guidance. It is proclaimed, then, that seven days shall be taken, and at sundown of the seventh day, the Shabbat, there shall be the decision made, which of these are to be the candidates.

Each one, then, would meditate and pray in their own uniqueness, unto that manner which was as their joy and proven to them, whatsoe'er their work or task, proven to them. That in past, as they would seek in this manner or that, the gift of God's guidance would come to them and they would know it, see it, and claim it.

There were many discussions, and the council moved freely with the candidates and interacted with them. It was, indeed, as a great feast of celebration, the anticipation of the appointed ones, to be crowned ultimately in years to come by the selection of that one who would bear the Master, The Christ, in embodiment of flesh into the Earth.

As the twilight came, the council was removed from the main grouping, and they were surrounded by circles of Essenes, all facing away from the inner grouping, and far enough that not a word could be heard. These in the outer circles sat and prayed and meditated. Some sang songs. All occasionally reached across to clasp the hands of those next to them in a traditional ceremony practiced by the Essenes when sacred guidance was sought.

And the Council spoke in one voice, and the twelve were chosen. But not so as one might think, based upon qualities that are outwardly deemed as desirable in the Earth, but only after each was examined according to the seers who could find the connections to past lives. According to those who divined the nature of the influences preponderant for those souls, based upon the alignments as were predominant for each.

But not only twelve were chosen. For, as given previously, each maiden chosen was to be given those in attendance, those who would be as sisters to those chosen, those who would be the counterparts to the qualities of each of the chosen ones, to support them during their journey into what you would call the flowering of their adulthood. For these were, you see, in youthful age which ranged nine to eleven Earth years only.

And each of these, then, was offered a commission that, as they were in attendance to each of the twelve chosen, should there be that unforeseen, they might, thereafter, take the place of the chosen one. So there were, to be sure, careful evaluations of those who were in attendance. For it was known that there could possibly be such actions which would necessitate one or more of them to take the place of one of the chosen twelve in the event of their demise, as you call it.

So it is to emphasize here that the beauty and strength and unique quality of each of these twelve was enhanced, embraced, in the love and warmth and support of, for the most part, three in attendance, three sisters for each. So if you do your mathematics, you would find we have the twelve and three times same surrounding them. These, then, in total forty-eight, were considered holy.

Around these there were the teachers, the elders, the seers, the prophets, those who knew the forces of God's Spirit as manifested in the Earth, those who were the sages, those who knew the ancient laws and ancient teachings. Those who were brought here from the east and from the north and from the islands, all were surrounding these, the twelve and their three attendants each.

We are giving this here precursive to answering your questions in the direct sense, because you have asked it, because you have stated that we might give that as seen here that we believe would be of merit, of value, to each of you.

In the years which followed, there were careful activities which surrounded these who were considered holy. For it could be, as it was clearly known, that any one of these could be that one to be anointed, to bear the Master's light into the Earth.

It was known that one of these was, as such, oft with the Messiah. But for reasons

which were not questioned here, that was not given to any in direct guidance. But rather, one of the elders pronounced it must be so. For if that one is known now, in the years which are to follow there would be the focus of intent to disrupt that work ahead, and those forces in opposition would know which one upon which to vent their energies and such. So it was apparent, in terms of its wisdom, and in terms of the blessing, that all forty-eight were given reverently, lovingly, joyfully, skillfully, by those who attended they.

'Round and about this grouping were hundreds, many hundreds, of Essenes, who had come together in this grand council, setting aside any unique variations that might otherwise create a separateness. All came heeding the call to unite: "Now is the time. He comes."

We wish to draw a parallel for you, for you to note in your current time...the schedule here is not very diverse from your current time. As the years passed, the Essenes moved these groupings, brought them together, intertwined them, and then moved them apart again, each time changing the cadre, the composite of the groups. The purpose here was that all of the forty-eight would come to know each one of the others in spirit, in mind, in heart and, of course, physically.

They were taught languages, some of them more so than others. For it was known that, according to the twelve chosen, some would require knowledge in this area. All were taught certain basic skills, as was the custom of the Essenes when they were preparing any of their members to travel afar. Many of these skills were given to the maidens, even though it was known that initially they would not likely travel afar. But there would be those who would hear the call of spirit and come to see "What light is this?"

Some were noteworthy in their skills in varying modalities. And unto each, whether that would be in the preparation of certain foodstuffs, in the casting of the astrological, in the divination of other guidance, in the preparation of herb, potion, talisman, or medicinal needs. Some were profoundly awakened in terms of their skills in the healing arts, some were taught to great depth the understanding of the order and harmonics of Universal Law. And again, we emphasize, all were given a sizeable training in all of these. So what we are reiterating here in this moment could be considered the specialties of each.

According to this, then, as the years progressed, there were repeated gatherings of the council, the grand council. And the elders reviewed the progress and dispatched the teachers, the seers, the prophets, the sages, the healers, the artisans, and all that sort. Modifying, changing, accelerating here, shifting the focus there. All the while, many scores of Essenes watched over these, willing to offer their very life in the preservation of these maidens.

The movement continued, and there were various encampments, some of which we have spoken of in past. The most predominant of which was located not too distant from Alexandria. Many of the records were gathered and brought here. Not in physical form, but by those whose minds could record them. These were given, inscribed, and sequestered here, in what could be called the heartland of the Essene training and worship. This site is to be found some distance south-southeast of what formerly was called

Alexandria. Here, the perimeters were carefully watched, and there was a vast area of land which could afford those who were the protectors great opportunity to intercede, should there be an intent to violate this work. It could be noted here, it is this same place to which the Master and the others with Him were taken when the fear and the call was given to depart, that the king would have all the newborn slain.

Here, then, did the maidens learn song and dance. They learned the flow of energies. Each one was observed and studied carefully. And the seers and prophets and the elders continually reviewed their energies, their charts, their connections to various stimuli. And soon it was discovered which one was to bear which Truth.

It was known that, upon the Master's entry, that one chosen would be surrounded by the others, but that all, the twelve and Mary ... note this, for there was another to take her place, see? The twelve and Mary were to become as nurturers, primary, to the Master, to John, and to the many others who are lesser known but whose works live on, even as we speak.

And so we arrive at the point wherefrom we can speak now with, we should pray, some sense of understanding and continuity to your questions.

Firstly, let us move ahead and speak to one of the latter. We ask your forgiveness if we have created a misunderstanding. But those who walked with the Master, called the Disciples or Apostles, were not literally paired with the maidens. The maidens were, literally, considered a sacred treasure of the Essenes. The maidens were their gift, as a people, to the Master and to the Work. Those called the Apostles were, indeed, counterparts of a sort, offering the masculine to varying degrees, but were not literally paired with the maidens. The maidens were the more so preserved, protected, always. Guarded over even by He, the Master, and by John, and by the others. They were the treasure of the birth of The Christ.

So it came to pass that, one by one, the affinity to the varying Truths came forth. And this was looked upon as a skilled stone-cutter, a gem-cutter, would look upon and study carefully a raw gem or gemstone. They were looked over. They were inquired of. They were offered opportunities which drew forth, or evidenced, a lack of propensity towards this or that tenet of Truth.

In the process of all these works ... you could call them tests, though they were not, they were merely works of discovery, of evidencing. And as each of the maidens were known for their qualities ... mind you, each one was, on a preliminary level, known to possess certain qualities when they were chosen the twelve. And the sets of three who accompanied them, also.

But this had to be evidenced in utter clarity. Why? Because each maiden would offer not only the continual bond of nurturement to the Master, to John, to all the others, but especially so, this certain gift of Truth. To make this very clear, all of the maidens knew these Truths, each one knew all of them. Each one loved these Truths. Each one knew the healing works and energies. Each one could cast that which would guide, in terms of an intent. Each one knew the sacred prayers. Each one knew the chants. Each knew how to weave the patterns which, according to the ancient lore and teachings carried for thousands of Earth years prior, would impart a blessing.

Much could be given on this alone, but suffice to state here, each knew these things beyond the fundamental levels, beyond simple working levels. But unquestionably, each of the twelve could have, were it so needed, demonstrated masterful accomplishments in each of these areas and others which we here have not, as yet, given.

There are twelve sacred tenets or Truths which were considered by the Essenes, and their elders, and those before them, and the ancient ones before, to be that upon which righteousness could manifest and endure. It was known that the Messiah would be the Teacher of Righteousness. It was known that not only was it so, as a part of the preparation of the Expectant Ones, proper to provide what could be called the nurturement, the foundational resting place and building place for that righteousness within He to be born into the Earth, just so as was His body. So then, if you look upon this, you could deduce many of those and state, "This I believe surely must have been one of the Tenets of Truth." Of this, we have little doubt here.

What you may not have surmised is that which we have given through this, our Channel, our brother in the Earth, who was here during the unfolding. That given in past embraces these twelve Truths. As those of you now consider (and you, perhaps being among the first to awaken to this, Selina) sharing this as individuals and groups coming together to study, to apply, and to give the gift of accomplishment to each other, know this then: These same Truths are embraced in that Course<sup>i</sup>

It could be said that this or that Truth was uppermost. And with a note of loving humor, each maiden believed that her Truth was the greatest gift of all. This brought about considerable amusement on the part of the teachers and workers. But perhaps to your surprise, this was encouraged. They encouraged each maiden to strive to see and know their gift, their tenet of Truth, to be the very greatest of all. And it was only in the last Earth year of their works, of their evolution, that they were told why. And it is, perhaps, a sacred Truth that they were told. And now we offer that to you.

If you hold a certain belief in your heart and spirit, and your mind and body are dedicated to that certain belief, considering it to be great, precious, if you will, then it will become just that, great and precious.

When the maidens and their attendants were gathered, and the elder of all of the inner council stood and revealed this Truth to them, the maidens all looked at each other, for there was, you see, some competing between them. Though always lovingly, nonetheless present. At first, as we look upon their shining faces illuminated by the campfire as they sit in circular manner around this elder, their faces are first blank. And they look this way and that to one another. And the honored elder begins to laugh softly, spreads his hands apart, and turns about slowly in a circle, so that all of the maidens can see him. And he laughs gently.

The maidens realize that this competition is one of the things that are manifest in the Earth. One of the ancient teachings is to understand that competition should never be without, but always within one's own self. And gently, lovingly, each maiden was guided to compete. How? Between the aspects of the little self and those of the great Self.

Now, at this evening's ceremony, each had attained the greatest that they could. Not by competing outwardly, as some thought. But competing to be the very highest and best they could. Sharpening their talents and abilities, building an understanding which, indeed, could barely be challenged by some of the greatest teachers and elders of the entire Essene peoples. They had inadvertently drawn the very best from within themselves, and now they saw a very valuable lesson.

And as their laughter grew, each one of the maidens rocked back and forth, and the elder kept turning, turning, laughing louder with them. Soon all of those gathered were caught up in joyful laughter.

Suddenly, the elder standing stopped, brought his hands to his heart, to his head, and up to God. His eyes closed, he began a slow chant. And as all recognized this chant, he began to move his feet this way and that, turning and chanting, hands upraised. At a certain point, he lowered his hands and looked to the maidens, extending them out. The maidens scrambled to their feet and clasped hands with this honored elder, forming a circle and picking up the prayer of song or mantra, for all knew it from the heart.

And again and again, circles formed. One moving this way, another moving that, then reversing, dancing, singing, for they knew the time had come.

The Tenets of Truth begin with the understanding that we are not separate. Oneness. Some say even yet that Oneness is the greatest Tenet of Truth of all. Oneness was considered to be an objective of sorts, and it was followed by that defined as Love.

Love was taught to this maiden not as one might expect, but as a building of a powerful temple within her own being, so strong and so sturdy that naught without could tamper with it. She was shown the manner of spirit, the spirit of God expressed in nature, in the foliage, in the herbs, in the Earth, in the plants. In all things, did she become so such that she could be one with them. Why? Because she could become Love itself. Not a love that you would think of in the Earth, or as some would, in terms of that one for another, man for woman, mother and father for child, children for parents, and on and on. For this Love is an eternal love. Oneness embraced this Love and saw it to be a part of the Truth which she carried.

There was that given to another only after it was recognized that Compassion was the forte, the mainstay, that which typified this soul's light. Compassion was nurtured through understanding, the explanation of the polarities, the causal forces, and that which is predicated by same. The embrace of all things by Universal Law, and the teachings which enabled her to know that Compassion was not only given to those who were of the One God, but for all of existence itself. And thus, Love embraced Compassion, as Oneness embraced them both.

There was that of Selflessness, counterpointed with the teachings of the great and small. Many aspects could be counterpointed in terms of terms in the Earth, or by way of descriptions in the Earth. Selflessness means in this setting that there were no limits. You think of selflessness in the Earth now as being willing to give up self, as being willing to set aside the desires of self, that you are self-less in your interactions with others, because you are willing to give all to them, and greater. *This* Selflessness is a part of the Truth of God. It is that which has no limitation, for in the definition of self there is the recognition of boundary, of parameter.

First, all of the maidens were taught to know, and were awakened to, all of these

Tenets of Truth. But what does Selflessness have to do with an eternal Tenet of Truth? As one becomes without boundary, it should be apparent that one is universal. As one becomes a part of all else, they are self-less. And yet, the strength of this selflessness must come forth from the wellspring of self. What is the teaching, then? It, too, is embraced by Compassion and Love, and is found in Oneness. Selflessness is the capacity to claim Oneness and flow all throughout it, according to the needs at hand.

And so, as you can see, these twelve Truths flowed. And as we gave above, could be, for the most part, surmised from the Earth. Some of these, we are told not to give here, as yet. But we shall continue with what we can.

There is the tenet of Truth. It is not as would be immediately conjured up in the mind or thought in the Earth. It is the truth of simplistic awareness, of Oneness. Truth cannot exist without one claiming Oneness. Truth is the example of the existence of God, for in the knowing of it, the claiming of it, and the living it, one comes to know God.

Truth is the measure by which one makes decision. It was known by the Essenes that many who would be nurtured, including, of course, first and foremost, the Messiah, would continually be faced or buffeted with challenge and decision. Truth was the measure by which this maiden would offer to those, to the Master and all the others, a knowing and awareness. That by which they could build the next tenet of Truth.

Truth is embraced, is it not, by Selflessness, by Compassion, by Love, and by Oneness. Truth is a pillar upon which the grace of God must have as a foundation in order that one can bear the grace of God in daily life. And, of course, beyond.

Within the seeds of desire, of searching, within the quest of this soul's light, there was always the wish to know honor. And so this next maiden was chosen to bear the tenet of Truth manifesting in a state of Honor. The tenet, the sacred tenet of Honor, is thought of by many here, even as we speak, to be one of the most important upon which right-eousness can flow. Flowing forth, you see, upon this as a cornerstone of righteousness itself.

And you might think of honor in the Earth in a certain way. And we tell you, the Essenes did, as well, but even more. This maiden was taught to recognize that to bear an idea there must first be a womb of consciousness, so to say, in which that idea, that thought-form, could be nurtured ... no different than a maiden might suckle a newborn babe.

This womb is the womb of Honor. It is the consciousness from within which one can see. It is the stepstone from whence one can rise and know. It is that which enables and empowers perception. In order for this maiden to truly bear the sacred truth of Honor, and to give it, to be the example of it, to the Master and the others, it was necessary for her to become Honor personified. Her teachings were broad and dynamic. She must know many different beliefs. All of those, indeed, which the Master would encounter, and beyond, that she could find the point of Truth, the point of Selflessness, the statement of Compassion, the position of Love, and offer Honor through all of these, that Oneness could embrace this knowing.

Honor is the template on which Truth is written. Honor is the embrace of Selflessness with the All. Honor is the capacity to so completely claim Love within that self as that very seed given of God and awakened, kindled into a great light or flame within the maiden that bears same, that it could shine forth. That the Compassion one has for self, the willingness to see through exploration ... for there must be knowledge here ... and certainly, that in the recognition of Oneness one could find Truth, and honor it in all ways of life, whether this be as a grain of sand or mighty as one of the three holy mountains of the Essenes themselves.

Another Truth was given to that maiden who was always at the ready, who was continually looking for opportunities to bear her gifts into the Earth, who sought out those in need and looked for, explored in dream, in vision, and in consciousness, a way to impart that which stirred her very heart. This is a gift which cannot be measured, any more so than the others we have given before this. But for those in the Earth, it was often thought of as that spark which gave purpose to life itself, that by which the flame of Truth would illuminate the right way. It is this quality which it was believed was the sister to the quality called Honor. And this quality brought out Hopefulness, Expectancy, and did so in the spirit that one always has a choice.

The quality of Joyful Expectancy was considered to be the fuel which kindled the flame of Righteousness. What is life, after all, some would say, if there is no hope? What is life, other than a burden to be borne as one walks upon that path, if there is no joyful expectancy? On the morrow, things would be bright, opportunities would come anew, and old burdens, limitations, could be set aside.

And so, there were many who were brought unto this maiden from youth on, so as to give the opportunity to discover the breadth and depths of this gift. There were those who were infirmed, and the hope of The Christ was imparted. And the evaluation on the part of this maiden was continually nurtured, watched over by various teachers and elders, that she might come to know that which would tempt or deter or limit. Understanding that, in the knowledge of experiencing many-fold decisions which could be less than the best, there could be understood the contrasts and the potentials as are a part of same.

Thus, Joyful Expectancy gave light to Honor, embraced Truth, brought about a purpose for Selflessness, formed the underpinning of Compassion, that it could become encouragement and, of course, nurtured and fostered within its own bosom the quality of Love ... all of which, embraced under Oneness.

The nature of Truth can rarely be borne into the Earth without the understanding of the forces universal. One of these maidens was given a powerful work and spent many, many lunar cycles studying what could be called the ancient Law. In order for Truth and Honor to manifest, literally, into the Earth, one must have an understanding of the Law eternal, referred to by the Expectant Ones as the very voice of God. For those who could become one with the Law, such as the Ancient Ones, could free themselves from any and all limitation. Could surpass that believed upon by those embodied in the Earth. That could enter into mass-mind thought and its potential to limit, and rise above same, claiming the eternal truth of Universal Law.

This entity, along with the others, was shown the contrasts: that each Law invoked, so it would seem, counterpoints. And in the understanding of these counterpoints, as one would engage in one certain of these counterpoints, they would immediately know

that they could move to the other counterpoint and, ultimately, promote balance. Through Universal Law and the knowledge of same, all things are possible, the tools with which a skilled worker could accomplish any task. The Laws were revered, as was this maiden.

Universal Law was understood by all the other maidens, that Honor and Truth rose up upon it. That in order for Joyful Expectancy to flow, the counterpoints needed be known. That Selflessness was not the abandonment but the claiming of both, of the All. That Compassion and Love and even Oneness were embraced by the Law.

There is little in the Earth that can stimulate another entity greater than can sound, color, the feeling that comes to one by the touch, by the smell. The essences of the five senses, and that which goes beyond, build the complement of tools by which one can know all the other Truths. The feeling, the seeing, the hearing, the tasting of the good fruit or that which is bitter. The feeling of the essence of life in a thing, the feeling of the essence of life in an entity. Knowing these, and knowing the qualities which can then become powerful tools in divination, in meditation, in prayer. And making the way passable to bring the energies which are the counterpoint, known under the Law, known under Truth and Honor, opened by Selflessness, by Compassion and Love, infused with the power of Joyful Expectancy and Oneness.

In the knowing of the senses, there was also taught by the greatest of all seers, prophets, those who divined the future and the needs, that these tools of sensory mechanism in the Earth, so functional and interactive for the physical body, had their counterpart in spirit. She mastered the ability to perceive, she used and was taught adeptly to touch an entity and to know them, to feel their need, to understand their past and what had predicated this, their current state of who and what they were.

These skills of knowing and perceiving were unified with the tactile, and perhaps could be summated here as Seeing and Knowing. But they were thought of by the Essenes as Sacred Awareness: the capacity to shift one's being to a position from whence not only the stimuli of the five senses of the physical body in Earth, but the counterpoint sensory mechanisms of spirit, of mind, and of the energy forms of the body. So were these as tools, along with the Law and the knowledge thereof. That workers, striving to exemplify Truth and Honor, seeking to invoke Joyful Expectancy, Selflessness, being without limit, Compassion, Love, and Oneness ... all of this and the greater did this entity have the tools, the keys, to gift those who would seek them.

That one who manifested the light of God was thought of to be the most delicate of all. And yet that, to the humor of many of the elders, was known to be an illusion. This one exemplified several counterpoints of Truth, gifts of Truth. In the outer was the exemplification of patience and long-suffering, the capacity of endurance immeasurable, so it would seem. Her connection with the energies of the Earth through plant, through animal, through birds of flight, through fishes of the sea. Her affinity with the Joyful Expectancy and Truth of a single seed awaiting its time to be sown, to be nurtured, and to bear fruit and be harvested. These were and are Sacred Truths which she held, she embodied, she personified.

She was taken here and there and afar, carefully, with those who were in attendance with her, but always returned to the grouping. She was shown how the varying

forces offered to those in need, balancing energies to any form of dis-ease, that the very earth itself might be gathered up with a bit of spittle and placed upon a sightless pair of eyes. And with the tenets of the other maidens, those eyes would open and see again. She knew this, and she knew she would teach it as a gift, a Sacred Tenet of Truth, to the Master, to John, and the others.

It is through the awareness of all that is about one's self that there can be found the manifestation of the Law Universal. That Love can be seen emanating, pouring forth from the earth itself, or from a seed, or the life fluids of a tree or vine, on the composition of certain earth. And on and on. All of this known to be in oneness with the very Spirit of God. Expectancy comes about joyfully when one is in a joyful state of ease. So did this maiden have the gift to offer, that the foundation of same could be made manifest.

As one looks into the heavens in the evening sky, one's finiteness grows deafening. For the immensity and unlimited, so it would seem, vista of existence could place one into a unique, if not humbling, posture. Within the heavens it was known that certain patterns were present. These patterns create or foster various different expressions of energy. These energies and the patterns which enhance them, contribute or provide the pathway, for same, once known, could be directed, could be used, could be replicated.

These patterns would speak to that one who knew them. These patterns were, as such, continually of potential guidance to one who could see. Adeptly, then, and with great labor, since many of these patterns came only once or twice in a lifetime, this maiden was carefully guided and shown how to cast these patterns in the varying symbols in what you call the mandala, the sacred weavings, expressed in tone, in color, in pattern, in harmonics.

Indeed, this maiden was to come to understand what you call the harmonics of existence. As above, so below. Taught to see in the actions and reactions of those as are borne on the Spirit of God in Earth, whether plant or animal, would speak to those who had ears with which to hear and eyes with which to see. And would form a reference point, a continuity, to know the way, to see the path, to understand when certain energies are favorable, and when others are not.

Were it not sufficient to know such complexities, the maiden was then gifted with the insight to see how these could react and have influence upon a body physical. How the neurological system would respond, how the electromagnetic fields of the body could be moved or relocated, aligned with certain polarities, symbols, juxtapositions given in the heavens, in combination with her sisters and their good gifts of the hope for life. She could give the gift of awareness of one's continuity with all of existence, and that a deviation from same could have resulted from one of the others of the Sacred Truths being omitted or overlooked, or even cast aside as these were borne and taught by the other maidens.

So this one knew about the patterns, the castings, the interaction of colors and vibrations, just as her other sisters knew about these forces ... but this in conjunction with the eternal self. For the continuity of life is expressed in the current life, is it not, and borne forth upon the foundational stones or lack thereof from the past. This maiden could help them find their past. And, along with the others, to see it, to know it, to claim it, and

to make it aright. Finding the balancing counterpoint through Universal Law, releasing through Compassion and Selflessness, in-filling self with Love which transformed one dreary, limited, forlorn ... transformed them with Joyful Expectancy.

As one knew that above them in the heavens, and understood and had affinity to same, and could translate and show the counterpoint within as well as without, then the gift of the teacher who bore Oneness as her gift could truly be known and claimed.

These are those Sacred Truths which we can give. There is a Teacher of Right-eousness here, and one who became, as such, loved by all. She would come and go and take form, so as it was to the understanding of those of the sisters in their early days of training. But when their sight was opened and their faith awakened, she no longer did so. For it was not her nature, for she has never been of the Earth. She is yet the Teacher of Righteousness to all of these maidens. The twelve, Our Lady, Mary, and the thirty-six, and all those, indeed, who would come unto the Master, seeking oneness, brotherhood, and joyful service with He.

This one is called, by those who know her outwardly, as Judith. She has ever been a light upon that one called The Christ. She is, as so many would see her, a very part of the Master, The Christ, Himself. In no wise a separation between the relationship between the relationship and Our Lady, called Mary. And yet, together they are representative of the light of Truth and Honor. They represent the Love and Compassion forming the other two pillars. And their eternal gift and that which they would have us remind you all of now is that God's Grace awaits you.

In a time ahead, we shall come forward again, as our Channel and his mate permit. And we shall conclude, briefly, in a wonderful ceremony, the baptism of self with the Spirit of Christ. The baptism of the Christ within. You can call this by many different names, descriptions or titles. It is that reflected to you, each one, by the Master Himself. It is that which is exemplified by each of the teachers and the sisters who we so honor here. But what is important for you, all of you, we humbly submit, is to recognize that all that which you seek lies within you.

And so is it, then, that we have given this information in the sight of God, to honor you in the sight of the Master, The Christ, Our Lady, and our beloved Judith, to honor them and you. But the greatest of all, dear friends, that we can offer to you is a simple call. So now do we call to you. Will you not honor yourself?

There is much more here that can be given, obviously. The claiming and pronouncement of that one chosen, the movement of the other eleven, and the movement of the thirteenth into Mary's position, and how they taught, and the movement of the Master and his good friend John, and so many others. The teachings of Jacob, of Anna. The nurturement of Josie, Elena, Miriam, Hannah, Rebecca, Sarah, Naomi, and on and on.

But let us rejoice, shall we not, for here we are, those of you in the Earth and so many more than your number here. We have come together again. Some of you were those of whom we have spoken in the works above. Others of you were among these maidens of righteousness, nurtured along with their attendants and so many others. Think of it. You were with Him. And He comes again.

We are at the ready for such works as you would ask of us, ever offering these as

a light to your paths, humbly, without mandate or expectation, only with that prayer that you shall know and see and become free. We say to you all, be of good cheer. His light grows stronger with each moment's passing.

We thank those who have come forward, so many, from such distant and diverse realms. We are honored and humbled to be with you. May the grace and blessings of God's wisdom ever bless and illuminate your paths. We are the Elders, and so do we conclude. Fare thee well then for the present, dear friends.

<sup>i</sup> The Course in Claiming Oneness to Make the Way Passable – A 12-month course given by Lama Sing in the year 2000, of which it is said "f that can set you free."



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SPECIAL NOTICE: This material has been prepared specifically for use as research information only. In readings where such is pertinent, application of the material should be attempted only under the guidance of

an appropriately accredited practitioner.

## Editor's Notes for the Lama Sing Readings:

Lama Sing's use of words such as *ye, thee, whom, we, they, he* is often contrary to conventional, but the meaning will be clear. With two opposite views as to how to present Lama Sing – those who feel the grammar should be corrected, and those who find it endearing – it has been decided to keep the text verbatim.

Even though the name *Lama Sing* has been assigned to these readings, there is actually always a group involved. Depending upon the topic, sometimes the number is massive, and sometimes it is a handful; sometimes they are speaking to a group, and sometimes to an individual they know will one day get the message – in essence, speaking to one and all, as well as to only one and only all... curious, but true. Throughout the reading, they defer to one another just as we do when in a group discussion. This information may be of value as you read, so you don't stumble when they sometimes change, even in a single paragraph, from an archaic form of speech to a more modern one, or from the singular to the plural.

The name *Channel* is used by Lama Sing in place of *AI*, because to use the name *AI* would essentially serve to call him from that consciousness to which he is taken that prevents his personal involvement and influence in what is given in the reading. There is only one known occasion in which Lama Sing used AI's given name; the reason given was that the depth of his channeled state was being tested.

When referring to life on Earth, Lama Sing uses the term *in the Earth*. This is because Lama Sing is referring to living within the consciousness of Earth, finite experience, rather than *on* the consciousness of Earth and that expression.

There are places where Lama Sing emphasizes a thought by speaking the words *quote/end-quote*. To let the reader know that those emphases are Lama Sing's, as opposed to the transcriber's, the words *quote/end-quote* have been left in the transcript along with the quotation marks themselves.

The word dis-ease is used by Lama Sing to mean, not only illness and such, but "first and foremost, a lack of ease in spirit, mind, and/or emotion, which are then precipitated into the physical body." – Lama Sing